



# The Helping Hand

"Come unto me, all ye that labor and are heavy laden,  
and I will give you rest" Matthew 11:28

Jan - Mar 2019 MCI (P) 003/01/2018

## 32<sup>nd</sup> Thanksgiving Anniversary Celebration



Anniversaries are occasions when one takes time to remember, to reflect and to rejoice. They help to keep us thankful, and not take things for granted which we are easily prone to do.

Looking at where The Helping Hand is today and remembering from where it once was, we can only say that it is through the "enabling of God" that we are where we are today.



From operating in a small semi-detached house that could only take in 20-30 people, we are now in this big 3 blocks sprawling area that can house 116 people comfortably. We are thankful that we can help more people hear the Word of God and have their lives transformed by the power of the gospel. We are thankful for our Moving services which may have made its name now in the moving industry but when we first started out, it was with one rented truck and a motley crew of a few ex-drug addicts. Today, by God's grace, we have 11 trucks and 60 people working there. And it is the same for our teakwood furniture business too: from a small humble beginning, God has enabled us to expand the business that now employs 15 people. We are thankful for the enabling of these two businesses which provide us with revenue to run the ministry and allows us to provide the staff and residents a reasonable salary for the honest hard work they do.



Our theme for this 32nd Anniversary is "God Is Able" and right from our speaker, Mr Jason Wong, to the testimonies shared by our staff workers and the song presentation by the staff and the residents, everything was designed to show that God is Able. He is able to transform lives that others considered useless, heal relationships that others have given up hope on, give purpose to lives that were devoid of any meaning and provide for all our needs.



Many of us here at The Helping Hand were once a mess but today, through God's enabling, we have become a message of hope.



To God Be The Glory!

## CHRISTMAS FAMILY DAY 2018

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On Saturday 15 December 2018, The Helping Hand held its annual Christmas Family Day celebration. The Helping Hand has always set aside a day in December for this very purpose so that the meaning and message of Christmas can be shared to the residents and their families.

Our speaker for the occasion was Pastor Christian Cheong from Kim Tian Christian Church who gave us a Christmas message from 1 John 1: 1-4. Pastor Christian reminded us that Christmas is about the revelation of Jesus Christ and the relationship He wants to have with us. We also had volunteers from My Redeemer Ministry present a skit titled "I want to go Home" and finally we had one of our staff, Moses Arulandu share his testimony on how Jesus Christ had changed and transformed his life. Our hope and prayer is that many lives would have been touched by all that has been shared and they would have made a personal decision to accept Jesus Christ as their Lord and Saviour.

After the service, it was heartwarming to see our guys showing family members around the ministry grounds and their dormitories as we had an open house on that day. This occasion gives family members a chance to see how their loved ones live and stay at The Helping Hand. It is also our prayer that the family members will be able to see the efforts our guys are making to change their lives, and hopefully this will help in the process of restoring broken relationships that substance addiction inevitably inflicts on every abuser's family.

The evening came to an end with our guests being treated to a catered buffet dinner. It was truly a blessed day and we pray that we will have many more Christmas Family Day celebrations.

Blessed be the name of Jesus!





## STUDENTS ON A LEARNING JOURNEY



We had 18 students from Sahmyook University, South Korea visit the Helping Hand. The purpose of their visit was to find out about our programs and services. Our CEO, Mr. Chia Shih Sheung together with the Training and Liaison Manager, Mr. Vincent Tan presented our programs and services which were then followed by a Q&A session. To end the visit, our guests were given a tour around our premises. The Addiction Recovery College of the National Addictions Management Service organized this visit.

## FUTSAL@KOVAN

Eighteen of our guys together with some of our alumnus and friends took to the football courts of Kovan Sports Center to enjoy a night of futsal. Nothing beats a good healthy and sweaty workout to release your stress after a long day of work. The guys really enjoyed themselves and had a good time of fun and camaraderie.



## FIRE-DRILL EXERCISE



We conducted our fire-drill exercise on the 12th of December 2018. The Operations department working with the staff members of the other departments came up with an Emergency Respond Plan and Action (ERPA) after-which key personnel were identified to carry out various duties during the fire-drill exercise.

A few days before the actual drill, all the key personnel met up to work out and finalize the details of the exercise and all the other staff and residents were brief on the fire escape procedures.

On the day of the fire drill, the Fire Alarm was sounded at 3 pm and everybody evacuated the buildings as per plan. We had two fire-fighting teams dispatched to the affected areas to put out the fire while we had two sweeper teams sweep through the buildings to make sure everyone was safely evacuated. We thank God for this exercise as it helps us to be prepared in the event of an actual fire in our premise.



# The Helping Hand

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## 第 32 届 感 恩 周 年 庆



周年纪念日是一个让人安静下来，花点时间，反思，数算恩典和欢乐的时刻。这帮助我们更懂得感恩，而不把它当成常例，把恩典当成理所当然。



回首援手之家从开始至今天的我们，唯有赞叹“因着祂的大能”成就了我们之所有的今天。



从一个只能容纳 20 至 30 人的小型半独立式排屋住宅，到现在可容纳 116 人，占地 3 座小楼的宽阔场地。我们满心感恩，透过福音的大能，帮助学员们更新生活同时学习到上帝的话语。

我们的搬运服务部门，从刚开始只有一辆租来的大卡车和几位前嗜毒者的团队至今天我们拥有 11 辆卡车和 60 位员工一起在中心里工作，这一切都是神的恩典。柚木家具业部门也是如此：从一个不起眼的小点开始，上帝的大能使它扩张到现在，共有 15 位员工的业务。我们满心感恩！神也透过这两项业务，提供了机构运作上的收入，并使我们能够给予同工和学员们合理的待遇，以回报他们所付出的努力与贡献。



我们 32 周年庆的主题是“主能够”。当天的节目从敬拜主，接着讲员 Jason Wong 先生的分享，同工的见证与学员们的献诗上，这一切紧凑的节目，都彰显了“主能够”。他能够更新人的生命，使别人看为社会中，无用的一群都变成祂荣耀的器皿。祂能医治伤心人并修复一切破碎的关系，使没有任何意义的生命，焕然一新！祂更提供了我们生活上所有需要。



许多援手之家的弟兄们，曾经都是一无是处，潦倒无助的一群，但如今，因透过上帝的大能大力，我们都成了希望信息的使者。

一切荣耀归于上帝！



## The Helping Hand

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### Panel of Advisors:

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## Pray With Us

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### The Helping Hand's prayer requests and needs

1. Pray for the staff to continue serving the Lord with zeal and diligence. That together in unity and harmony, they will live exemplary lives that will encourage the residents and bring glory to God's name.
2. Pray that the residents who walk through the gates of The Helping Hand will come to know Jesus as their personal Lord and Saviour.
3. Pray that the Lord will bless our Furniture and Moving businesses so that we can generate the necessary funds to sustain our ministry.
4. We praise and thank God for granting us a blessed 32<sup>nd</sup> anniversary thanksgiving celebration.

S/No	Items	Amount
1	Renovation of Business Office	\$4,000

We are grateful to all the people who are being used by the Lord to provide for our needs. Your every act of generosity is deeply appreciated and is a great encouragement to us as we continue to labour for the Lord.

**All Cash donations to The Helping Hand are tax-exempt**