



The Helping Hand

“Come unto me, all ye that labor and are heavy laden,
and I will give you rest” Matthew 11:28

Jul - Sep 2020 MCI (P) 037/12/2019

Visit by MOS Assoc Prof Dr Muhammad Faishal Ibrahim to THH on 9 Sep 2020



Assoc Prof Dr Muhammad Faishal Ibrahim, Minister of State, Ministry of Home Affairs & Ministry of National Development, accompanied by Mr Eddy Asmara, Assistant Director (Rehabilitation) from Policy Development Division/MHA, Ms Loo Sook Nee, Senior Assistant Director (Programme Management, SPS) and Ms Serena Lim, Senior Assistant Director (Community Corrections, SPS), paid a visit to The Helping Hand.

Upon arrival, MOS Faishal and the team were met by two of our Board members and the CEO. They were then ushered to the meeting room and briefed by the management team about the programs and services of The Helping Hand, followed by a question and answer session.

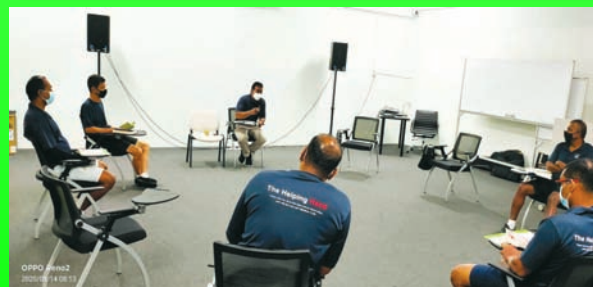
After the session, MOS Faishal was given a tour of the premises where he met and talked to some of our residents and viewed their living quarters.

He was then brought to our Furniture Gallery to see our teakwood furniture imported from Indonesia and ended the tour spending some time looking at our Urban Farm which was recently established.

It is truly our privilege to be able to host MOS Faishal and we want to thank him for taking the time to come visit us. We also thank the Singapore Prison Services for arranging the visit.



"COME FOLLOW ME..."



In the Great Commission (Matthew 28:19-20), Jesus commanded us to "make disciples of all nations". Making disciples is the clear mandate of our Lord Jesus Christ.

Discipleship is about placing Jesus above everyone and everything in our lives and coming completely under the authority and Lordship of Jesus Christ. No one achieves this straightaway after becoming a Christian for discipleship is a process, a way of life.

Here at The Helping Hand, we are committed in helping our staff on their journey of discipleship. On 13 July 2020, we started a series on discipleship titled, "Come Follow Me". The first series, "Answering the Call" is a 10-part study that teaches on the call to discipleship, the decisions of discipleship and the demands of discipleship.

The small group discipleship classes for the staff are held every Monday morning from 8.00am - 8.45am. The leaders/facilitators of the groups will meet every first and third Thursday of the month to go through the lessons before we teach our small groups on a Monday morning. Once we are finished with the first series, we will go on to our second series, "Growing Deeper" which is a 13-part study.

We hope and pray that all our staff will grow in Christlikeness, be rooted and established in their faith, and live out their Christian lives as disciples of Christ for the glory of God the Father.



THH BAKERY



The Helping Hand started its inaugural baking classes on 25 September 2020 and we are very thankful to have Mr Fleming Michael William, Director Training of Cereal Tech School of Baking from International Baptist Church come and teach this skill to three of our staff - Gina Ang, Lim Choon Hock and Lim Jim Khern. They will be having two baking lessons and two practice sessions per week.

Once our staff have acquired this skill, they will in turn impart this skill to our residents as we aim to introduce baking as one of our work therapies. We believe that baking has its therapeutic value as the process requires our guys to lovingly prepare the dough, wait patiently for the bread to bake and finally have a sense of joy and accomplishment when the bread is ready for consumption. Aside from its therapeutic value, the skill learnt from baking will increase their employability options once they complete their program with us.

As for all the delicious bread and buns that are being baked right now, they will be solely for our own consumption but eventually we intend to sell them at our café once we get the necessary clearance from the relevant authorities.

We take this opportunity to say thank you to Mok Lee Bakery Machine Pte Ltd for lending us two units of ovens and a Unit Mixer free of charge and Mr Fleming for helping to arrange for it.

All glory to God!



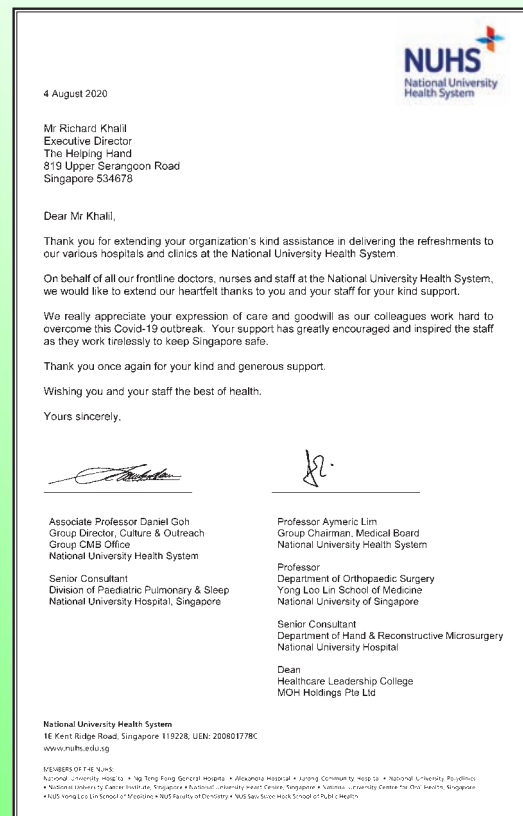
MAKE A DIFFERENCE

The core values of social responsibility include compassionate service to others and promoting stronger human relationships.

Giving a helping hand to others is not only a good thing to do but it is also good for us. Offering a helping hand gives us sense and purpose in life, connects us to others and creates stronger communities.

As part of our social therapy, we encourage our staff and residents to give back to society and we are thankful that we were able to play a small part in delivering refreshments to our frontline doctors, nurses and staff at the National University Health System.

Thankful to God that we are blessed to be a blessing.



CELEBRATE RECOVERY



In 1991, John Baker a congregant of the Saddleback Church, located in Lake Forest, California, with the support of Pastor Rick Warren, started Celebrate Recovery (CR) as a ministry of Saddleback Church.

CR is a unique recovery program because it is a program based on God's Word, the bible. It is forward-looking, emphasizes on personal responsibility and a spiritual commitment to Christ, utilizes biblical truths that we need each other in order to grow spiritually and emotionally, and it addresses all types of hurts, hang-ups, and habits.

We are thankful that three brothers from International Baptist Church (IBC) - John Vincent, Richard Porter and Lowie Camaymayan have started to run this program here at The Helping Hand.

The CR program kicked-off on 3 September 2020 and it will be conducted every Thursday night from 8.00pm - 9.30pm. For a start, we have three residents participating in this program.

We are also thankful that other brothers from IBC also help in our Tuesday to Friday morning devotions from 8.00am - 8.45am.

We are truly blessed to have the team from IBC come and labour with us to help our brothers break free from their bondages of addiction and sin.

政务部长费绍尔副教授于 2020年9月9日莅临援手之家



内政部兼国家发展部政务部长，费绍尔副教授和政策发展部/MHA 的助理主任（康复）Eddy Asmara 先生，SPS 计划管理高级助理总监 Loo Sook Nee 女士及高级助理主任（SPS 社区更正）Serena Lim 女士陪同下走访了援手之家。

政务部长团队一行人抵达援手之家后，由我们两名董事会成员和首席执行官，热烈的欢迎接待他们到会议室开始当天的探访会谈。程序由管理团队向他们简介援手之手的一系列康复课程和所提供的服务，随后进行问与答环节。

紧接着会谈后，贵宾们也被邀参观了学员们的宿舍，并与一些学员们互动交谈。

随后在我们的陪同下，他们来到了中心的家具部门，参观了我们从印度尼西亚进口的柚木家具。最后一站，也观赏了我们最近也是最新开发的都市农业菜园下，结束了这次的探访。

我们很荣幸能够接待政务费绍尔部长，并且感谢他在百忙中抽空到访。我们也在感谢新加坡监狱服务处这回的走访安排。



The Helping Hand

Panel of Advisors:

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Prof Philip Lee
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<https://www.facebook.com/thehelphand>



Pray With Us

The Helping Hand's prayer requests and needs

1. Pray for the staff to continue serving the Lord with zeal and diligence. That together in unity and harmony, they will live exemplary lives that will encourage the residents and bring glory to God's name.
2. Pray that the residents who walk through the gates of The Helping Hand will come to know Jesus as their personal Lord and Saviour.
3. Pray that the Lord will bless our Social Enterprise Activities so that we can generate the necessary funds to sustain our ministry.
4. Pray for a vaccine to be found for COVID-19 as soon as possible.

S/No	Items	Amount
1	Production of THH 34 th Anniversary Magazine 2021	\$12,000
2	Holy Bible / Christian Literature	\$3,000
3	2 Washing Machines (Heavy Duty)	\$2,000

We are grateful to all the people who are being used by the Lord to provide for our needs. Your every act of generosity is deeply appreciated and is a great encouragement to us as we continue to labour for the Lord.

To donate, please scan the QR Code or click the link below.



<https://www.giving.sg/web/the-helping-hand>

All Donations to The Helping Hand are tax-exempt

CHRIST Our Cornerstone